Royal Care Super Speciality Hospital and Indian Medical Association, Palakkad
Cordially invites you for the

CME PROGRAMME

On Saturday
June 08, 2019 @ 7.30 pm
@ IMA Hall, Palakkad

Dr. M. Sudhakaran
MS (Ortho), DNB (Ortho), MNAMS, MRCS (ED), FNB (Spine Surgery), Fellow in Endoscopic Spine Surgery (Endorsed by IITSS), Consultant Spine Surgeon & Spine Endoscopist

<table>
<thead>
<tr>
<th>TOPIC</th>
<th>SPEAKER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Endoscopic Spine Surgeon</td>
<td>Dr. M. Sudhakaran</td>
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Followed by Dinner

Dr. Narayan Kutty
Secretary, IMA, Palakkad

Dr. Abdul Hakeem
President, IMA, Palakkad

All are Invited ...

Dr. M. Sudhakaran

Professional Qualification
- Undergraduate: M.B.B.S - Madras Medical College - Batch (2001-2006)
- Postgraduate: M.S (Ortho) - Calcutta National Medical College, Kolkata Batch (2008-2011) - Post-M.S secondary DNB, BATCH-Dec 2011 session
- DNB (Ortho) - Accredited by National Academy of Medical Sciences, 2011
- MRCS - From royal college of EDINBURGH in 2015
- FNB (Spine Surgery) - MIOT hospitals, Chennai (Batch 2013-2015)
- Fellow Endoscopic Spine Surgery - Endorsed by IITSS (2016)

Work Experience
- Senior Residency - Ram Manohar Lohia Hospital & Postgraduate Institute of Medical Education & Research (PGIMER), NEW DELHI Period: 2011-2013
- Assistant Professor & Lecturer - Dept. of Orthopaedics, PSGMER, Coimbatore Period 2015-2016
- Present Position - Consultant Spine Surgeon, Royal Care Superspeciality Hospital, Coimbatore.

Field of Activity
- Providing medical education to medical graduates
- Doing expertise surgery in SPINE
- Master in advanced spine surgery (MIS- MINIMALLY INVASIVE SPINE SURGERY & ENDOSCOPIC SPINE SURGERY)
- Pioneer in SPINE NAVIGATION SURGERIES (Computer navigation) in SOUTH INDIA.

Awards and Presentations
- Awarded BEST OUTGOING STUDENT in postgraduate institution (West Bengal University of Health Sciences/Calcutta National Medical College).
- Second Topper in MS(ORTHO) University Exam
- One out of ten surgeons from all over India selected for National Board Fellowship in Spine Surgery (Recognized by MCI) in 2011.
- Presented Lecture on “POST LENKE CLASSIFICATION” in AO Spine Scoliosis Week in AMRITA, Cochin, 2 may 2016.
- NATIONAL FACULTY & DEAN IN 8th INTERNATIONAL Cadaveric Workshop and Training Course on techniques of translaminar endoscopic spine surgery in MS Ramaiah advanced Learning Center, Bengaluru.
- National faculty in IGCA PAIN (INTERNATIONAL CONFERENCE ON REGIONAL PAIN management) in PUNE, May 2017
- NATIONAL FACULTY in NEWS(National Endoscopic Workshop in Spine), PRESENTED LECTURE ON “COMPLICATIONS AND ITS AVOIDANCE IN ENDOSCOPIC SPINE SURGERY” Organized by East West Trust (Operative Spine Forum) on 18-20 May, in Lilavati Hospital, Mumbai.
- National Faculty and presented lecture on “ACCESS TO THE DISC THROUGH FORAMEN” in Spine update- Indore spine society, INDORE, Feb 2019.
Common spine problems we treat are:

- Back Pain
- Neck Pain
- Spondylolisthesis - one spinal bone is slipped over the other
- Prolapsed intervertebral disc (commonly known as slipped disc)
- Spine fractures
- Osteoporosis in spine (weak bones)
- Spinal deformities - Scoliosis and Kyphosis (commonly called crooked spine)
- Spinal infections - tuberculosis, bacterial, fungal, etc...
- Spinal tumours - malignant and benign

We have “STATE OF THE ART OPERATION THEATRE” (SPINE OT) with high end operating tools for best precision of spine surgeries. We use intra-operative real-time neuro monitoring (NIMECLIPSE-II, medtronics), a cutting edge technology, which can help in reducing the risk of paralysis and nerve damage during complex spinal surgery such as deformity correction.

Minimally Invasive Spine Surgery

- Minimally invasive spine surgery (MIS), is an alternative to traditional “open” surgery.
- MIS was developed to treat disorders of the spine with less disruption to the muscles.

Endoscopic Spine Surgery

- No General/Spinal Anaesthesia
- "Sutureless" Procedure
- No hospital stay (Day care)
- Quick return to work
- Less painful

Computer Assisted Navigation Spine Surgeries With Intra-op CT

(G-ARM, Medtronics, Stealth Station Navigation Machine.)

- MIS TLIF
- Complex Fracture Fixation
- Occiput-C1 & C2 Fixation
- Dysplastic Pedicle in Scoliosis for Deformity correction

ROYAL CARE SUPER SPECIALITY HOSPITAL LTD

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